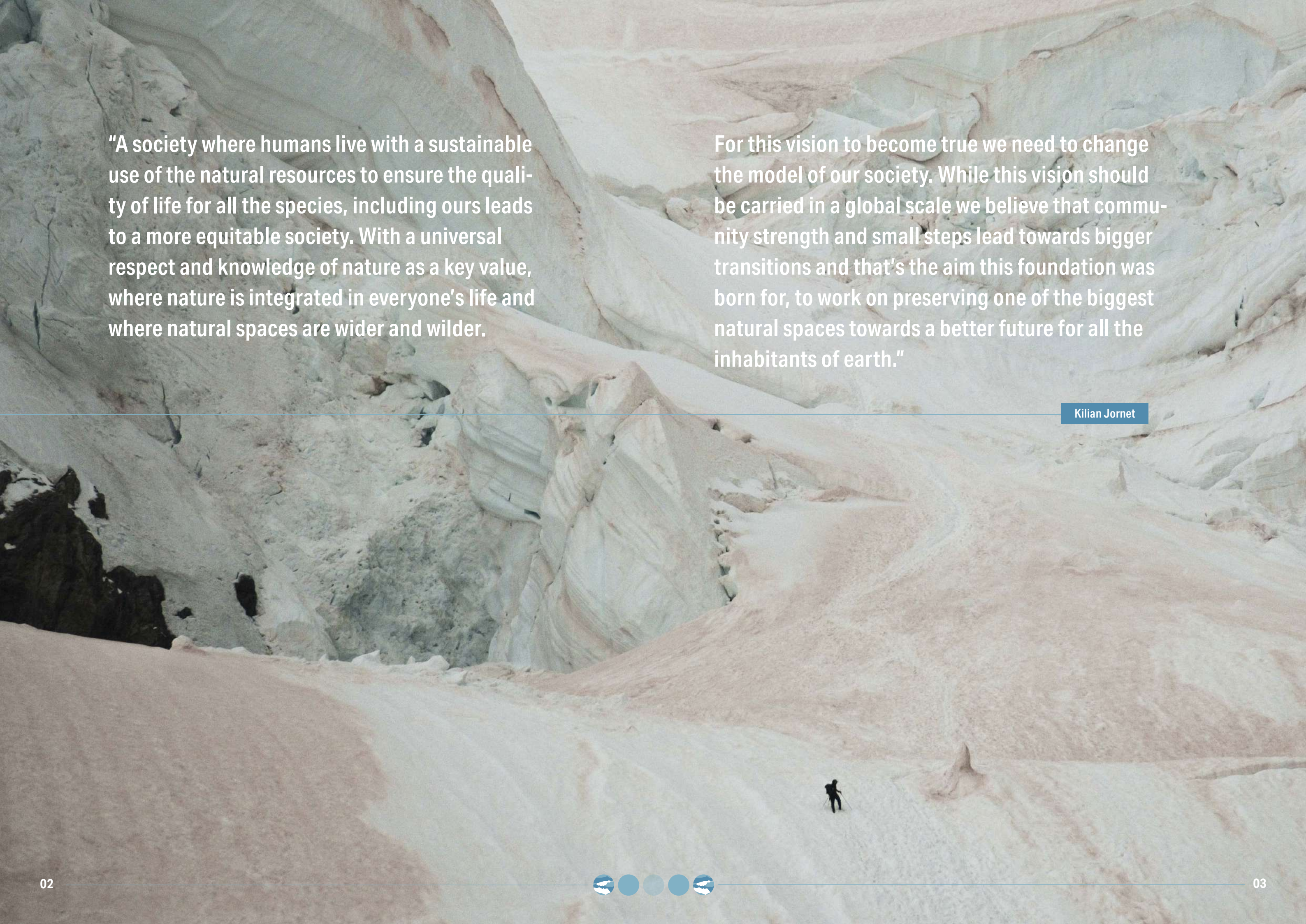




**KILIAN  
JORNET**  
FOUNDATION





A large-scale photograph of a geological formation, likely a canyon or a large rock wall, showing distinct horizontal layers of sedimentary rock. The colors range from light beige to a darker, almost black, shadowed area on the left. A small figure of a person stands on a ledge in the lower right, providing a sense of scale to the massive rock face.

"A society where humans live with a sustainable use of the natural resources to ensure the quality of life for all the species, including ours leads to a more equitable society. With a universal respect and knowledge of nature as a key value, where nature is integrated in everyone's life and where natural spaces are wider and wilder.

For this vision to become true we need to change the model of our society. While this vision should be carried in a global scale we believe that community strength and small steps lead towards bigger transitions and that's the aim this foundation was born for, to work on preserving one of the biggest natural spaces towards a better future for all the inhabitants of earth."

Kilian Jornet





# Preserve the mountains with us

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Your turn!





All started with...

# Kilian Jornet

Kilian Jornet is the best mountain athlete in the world. For the last 15 years he has dominated the ski mountaineering and trail running scene, winning all major championship and races. He is also a pluridisciplinary athlete who feels comfortable running, climbing, skiing or scrambling in the mountains and he holds speed records in mountains around the world, including a double ascent to Mount Everest in a week in 2017.

Growing up in a refuge at 2000 metres, the mountains have always been his natural environment. Being introduced to outdoor activities at a very young age gave him a headstart in developing his passion for mountain sports, and a natural aptitude for adventure and physical challenges has increased with experience.

**"I define myself as a lover of mountains. I like competing, but, above all, I conceive sport as a way to discover landscapes both inside and outside you. But now I am facing the hardest summit, and it will be the most important summit I would need to climb, to reverse the devastating effects of climate change. And for that, we would need to work together to preserve mountain environments."**



## Mission

# The main mission of the Kilian Jornet Foundation is the preservation of mountains and their environment

Although mountain environments are different throughout the world, they share many of the same problems as they are very vulnerable natural areas. Our goal is to work towards a durable, solid and long-lasting cooperative engagement and collective action in order to preserve mountain environments.



## Vision

# Mountains have played an essential role in Kilian Jornet's athletic and personal growth.

We believe that community strength and small steps lead towards bigger transitions and that's the aim this foundation was born for, to work on preserving one of the biggest natural spaces towards a better future for all the inhabitants of earth.





# Our values



Transparency



Commitment  
to sustainability



Research



Inclusivity



Solidarity



Simplicity



Ethical



Humanism



Volunteerism



Participative



Perseverance





#MountainsMatter

# Why are mountains so important?

**Mountains play a key role in our global system. Without them and their environment there would be no life, and that is why it is essential to conserve and manage them sustainably.**

Mountain environments are a fundamental part of our daily lives, as they cover 25% of the Earth's surface, and all of its inhabitants depend on them directly or indirectly.

Protecting mountains and increasing their sustainable development is paramount and you can start small. This protection will help us increase their inhabitants' recovery capacity as well as the main resources mountains provide: food, water or the conservation of biodiversity. Climate and other changes need to be addressed comprehensively, and therefore it is essential to gather data and raise awareness of the importance of small actions for the change of the global system affecting mountains.

## They provide us with water

Fresh water is vital for our survival. A very important part of this water is found in mountain settings, including glaciers, lakes or rivers. Mountains provide fresh water to more than half of the world's population, for drinking and domestic use, irrigation, industry and hydroelectric production.

## They provide natural resources

Thanks to mountain ecosystems we can obtain numerous materials, such as wood, basic food or drinking water. Renewable energy can be generated from some of them, whether hydroelectric, solar, biomass or wind; this is beneficial for human health.

## They are natural biodiversity refuges

Mountain regions are a refuge for countless endemic or threatened species of flora and fauna: 73% of these epicentres are located in these settings. Biodiversity is key to our planet's survival. The forests found in mountain ecosystems are essential to reduce erosion and increase air quality and quantity.

## They provide resilience against climate change

Mountain environments have processes involving resilience or adaptation to the negative factors of climate change. And there are several types, from the absorption of CO2 through forests or the erosion of some rocks to the reduction of the sun's effects through the reflection of white surfaces.





# Our work



## Research

Research is key to **understand what is happening** to the environment and take action. We bet on it, and we enroll to different projects that will help to prevent the effects of climate change.



## Education

**Teaching the next generation** about climate change and its impacts on nature and humans is an important task towards a net zero emission society. A big part of our work is to understand and **share knowledge** about what we could do to mitigate our impact on the environment. Thanks to the education projects, kids, university students, athletes and outdoor lovers would have a meeting point to learn more about it and find answers to their questions. To preserve an environment you need to love it, and to love it you need to know it well.



## Direct actions

**Preserving mountain environments** is our mission. We identify a specific problem and we try to solve it by our direct actions, creating new and more sustainable processes. Keeping our planet healthy and ensuring a future for the upcoming generations is the aim of all direct actions we work on. Both through owned projects or financed ones.





# Research

Research is key to **understand what is happening** to the environment and take action. We bet on it, and we enroll to different projects that will help to prevent the effects of climate change.



## Climate Change Studies

Help financing research and monitoring studies focusing on climate change effects and pollutions in mountain environments.



## Study the mountains

Study the mountain's role in the ecosystem and the impact to preserve human activity.



## Find solutions

Find solutions and actions to preserve the mountain environment in order to fight climate change.







# Education

**Teaching the next generation** about climate change and its impacts on nature and humans is an important task towards a net zero emission society. A big part of our work is to understand and **share knowledge** about what we could do to mitigate our impact on the environment. Thanks to the education projects, kids, university students, athletes and outdoor lovers would have a meeting point to learn more about it and find answers to their questions. To preserve an environment you need to love it, and to love it you need to know it well.



## Raise awareness

Raise awareness and access to comprehensible resources information.



## Promote attitudes

Promote attitudes to be taken.



## Help players

Help players to commit transition into a sustainable model focused on mountain resources.







# Direct actions

**Preserving mountain environments** is our mission. We identify a specific problem and we try to solve it by our direct actions, creating new and more sustainable processes. Keeping our planet healthy and ensuring a future for the upcoming generations is the aim of all direct actions we work on. Both through owned projects or financed ones.



## Own Projects

Actions like:

- Protecting or rebuilding an ecosystem.
- Finding sustainable engineering or technological solutions.
- Ad-hoc projects for institutions and companies that believe in the values of the Foundation and want to join us this global cause.



## Project financing

Financial or communication support to different projects aligned with the goals of the Foundation.





# KJF Projects



## World Glacier Monitoring Service (WGMS)

Research

This program has been gathering standardized observations of changes in glaciers, as well as information about their fluctuation. The funds collected go to different initiatives promoted by the World Glacier Monitoring Service.



## Alpaga Project

Research

The ALPALGA project focuses on microscopic, invisible organisms, which are at the heart of environmental changes, whose role in ecosystems is major, but whose biodiversity is largely unknown.



## Permapyrenees

Research

The Permapyrenees project (2024-2027) studies Pyrenean permafrost, its response to climate change, and related risks. Using advanced monitoring, it aims to improve safety and inform territorial management.



## Alpine Connections

Education

Alpine Connections followed Kilian Jornet's human-powered Alpine traverse, raising awareness of climate change through research, expert collaboration, and an interactive map of the area.



## Athlete Climate Academy

Education

Webinars dedicated to athletes in order to bring them closer to science and the knowledge of the environment in order to contribute to the environmentally friendly transition of sport.



## European Week of Winter Sports

Education

EWWS promotes sustainable winter sports through research, education, and eco-friendly initiatives, assessing human impact with sensors in Alt Pirineu lakes.



## Kids Athletes

Education

Kids Athletes educates young trail runners on sustainability, providing training materials and promoting eco-friendly practices.



## Outdoor Friendly Pledge

Education

To build a community of athletes, brands and federations wanting to implement initiatives that contribute to making the practice of outdoor sports more sustainable.



## Running Minds

Education

Running Minds merges running with science and environmental awareness, fostering discussions on sustainability and climate change during guided urban and mountain runs.



## Restore The Trails

Direct Actions

This project restores mountain trails and degraded areas through direct actions, partnerships, and volunteer efforts, protecting ecosystems and promoting sustainable outdoor activities.



## Green Trail Concept

Direct Actions

Improve the governance of sporting events by incorporating environmentally, socially and ethically sustainable practices in the management of mountain running events.



## Muntanyes vives

Direct Actions

Create awareness of the need to practice sport respectfully for the environment. Clips where environmental specialists meet an athlete in their usual sports practice, reflecting the impact this practice could have on the natural environment.

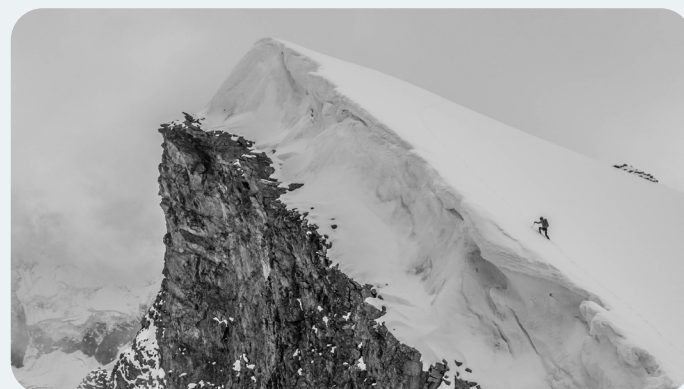


## EIN Lles-Puigpedrós and Tossals d'Isòvol-Olopte

Direct Actions

This 3-year project aims to balance human activities and conservation in the natural areas of Tossa Plana de Lles-Puigpedrós and Tossals d'Isòvol-Olopte.





## World Glacier Monitoring Service (WGMS)

**The Kilian Jornet Foundation focuses on the study and investigation of one of the most visible climate change phenomena: the retreat of glaciers.**

Studying this retreat is key to developing projects to conserve these ice masses that hold between 60 and 80% of the planet's fresh water. To do this, the Kilian Jornet Foundation is partnering with the World Glacier Monitoring Service (WGMS) of the University of Zurich, in Switzerland. For more than 125 years, this program has been gathering standardized observations of changes in glaciers, as well as information about their fluctuation. The funds collected will go to different initiatives promoted by the World Glacier Monitoring Service, from measuring devices and equipment for researchers to education programs for schools, among others. Today, the World Glacier Monitoring Service (WGMS) collects

standardized observations on changes in mass, volume, area and length of glaciers with time (glacier fluctuations), as well as statistical information on the distribution of perennial surface ice in space (glacier inventories).

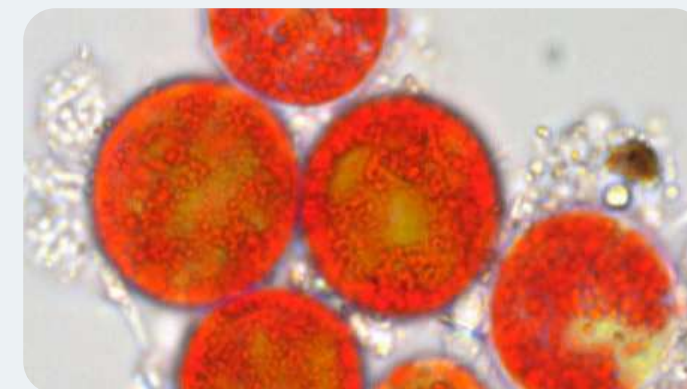
### Goals

We will support the purchase of several autonomous measurement stations for monitoring high-resolution glacier ablation that will be used by the WGMS. These stations, known as smart-stakes and developed in France, make it possible to study the glacier surface melt processes at a temporal scale never reached before and online monitoring and understanding of the effects of global warming on glaciers.

**Our goal is to buy 20 units.**

**Unit price: €10.000**

[Donate](#)



## Alpaga Project

**The ALPALGA project focuses on microscopic, invisible organisms, which are at the heart of environmental changes, whose role in ecosystems is major, but whose biodiversity is largely unknown.**

In the context of climate change, mountain environments are dramatically affected. Glaciers are retreating, lake levels are falling, the supply of water to rivers and streams is endangered. At all elevations, all environments such as forests, mountain pastures, snow cover, are affected. We are facing visible changes but also invisible ones.

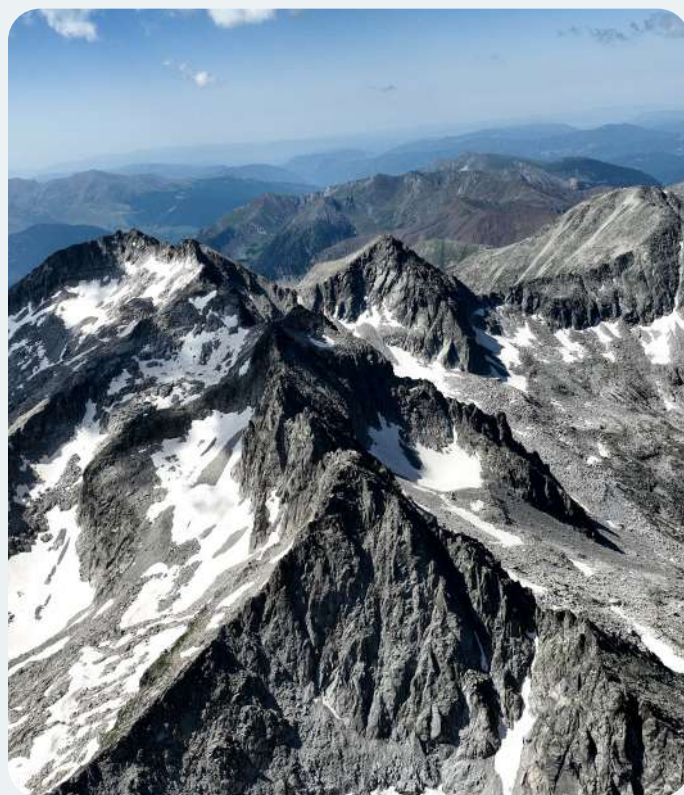
Microalgae are photosynthetic organisms of very small size (a few thousands of a millimeter), either unicellular or forming colonies of a few cells. They are well known in the plankton of oceans, lakes and rivers, but they also develop in all types

of environments exposed to light: soil, snow, ice. Thanks to photosynthesis they capture CO2 when they are exposed to light, making them pioneer organisms capable of colonizing terrestrial environments and serving as food for a variety of organisms.

Despite this vital role, helping to form the basis of ecosystems, the microalgae that inhabit terrestrial environments are still poorly understood. They are impacted by climate change, favored by the increase of CO2 in the atmosphere, and this is expected to destabilize ecosystems, but also accelerate certain negative effects on some environments, in particular glaciers. For this reason, we worked with ALPALGA raising funds for two genetic sequencing of two species that have not been studied yet; being able to reach new information crucial for the environment.

[Visit our website](#)





## Permapyrenees

**The Pyrenees are the mountain range in southern Europe where the cryosphere (snow, glaciers, and permafrost) has a greater presence and impact on hydrological, geomorphological, and environmental processes.**

The elements of the cryosphere serve as robust indicators of climate change and are simultaneously perceptible to society. Recent warming has led to a reduction in snow cover and the imminent disappearance of Pyrenean glaciers; all of this is being monitored through various trans-Pyrenean projects and initiatives. However, very little is still known today about permafrost (frozen soil), beyond its existence in the highest areas of the range (>2,600 m). Even less is known about its recent dynamics and how it may respond to the projected thermal increase in the future.

### Goal

Permapyrenees (EFA 063/01) is a 3-year Interreg POCTEFA project (01/01/2024 – 01/01/2027), co-financed by the European Union, focused on the study of permafrost. It will generate new indicators for monitoring climate change. Additionally, this project will help monitor and prevent risks associated with permafrost degradation (e.g., slope instability or rockfalls), which in recent years have affected heavily frequented mountain routes and certain infrastructures. To achieve this, a series of innovative monitoring techniques and deep drillings will be used to detect the presence of permafrost and the risks associated with it. Additionally, the precise information generated in this project will be shared with territorial management stakeholders as well as with the general public, enabling them to engage in and enjoy mountain activities more safely.

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## Alpine Connections

**Alpine Connections explored the limits of human endurance while respecting nature's boundaries. As in 2024 Kilian Jornet traversed the Alps' 4000m peaks using only human-powered means, this project highlighted the region's environmental challenges and the need for conservation.**

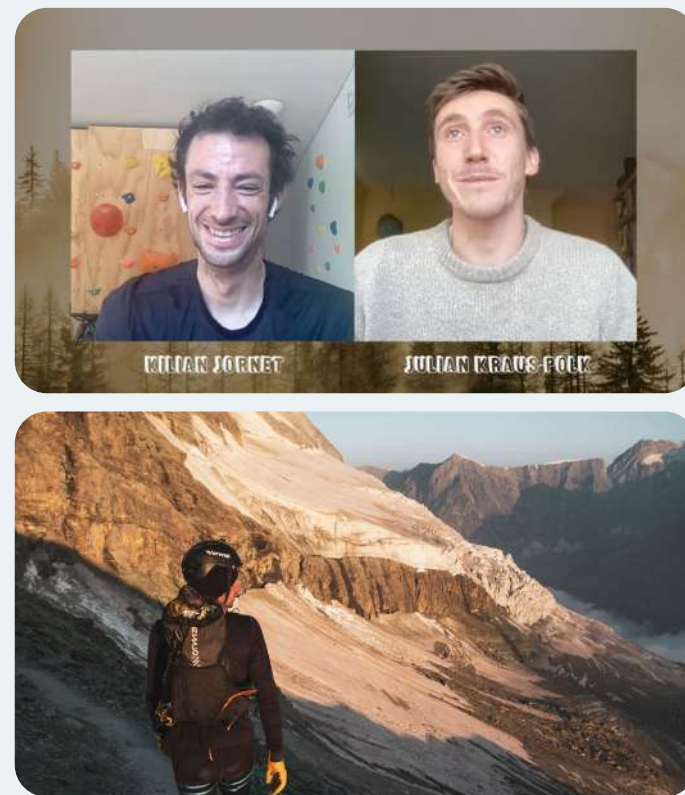
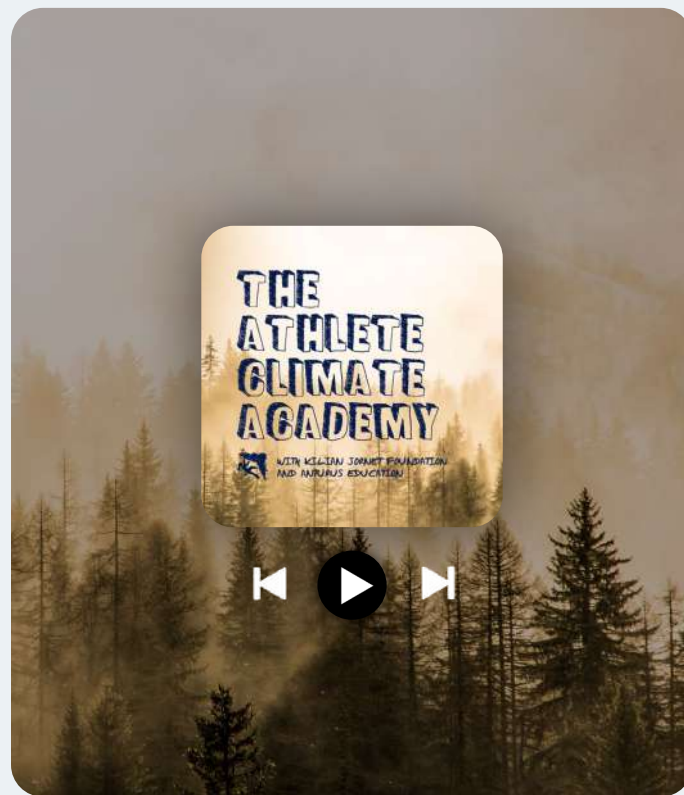
The Alps are facing rapid transformations due to climate change, with rising temperatures accelerating glacier melt, permafrost degradation, and biodiversity loss. To raise awareness, we conducted research on Human Impact, Glaciers, Permafrost, and Biodiversity, collaborating with experts and researchers to create a communication campaign on the importance of these issues. Additionally, we developed an interactive map featuring Kilian's route and key locations related to these environmental challenges, connecting scientific insights with outdoor exploration.

### Goal

- Explore human and environmental limits in the Alps.
- Raise awareness about climate change impacts on glaciers, permafrost, and biodiversity.
- Highlight conservation efforts and promote sustainable outdoor practices.
- Provide scientific insights through an interactive map, connecting research with outdoor enthusiasts.

[Visit our website](#)





## Athlete climate academy *the scientific performance*

**Podcast hosted by Kilian Jornet and Huw James, dedicated to athletes in order to bring them closer to science and the knowledge of the environment in order to contribute to the environmentally friendly transition of sport.**

At a time when climate change is advancing unabated, we need to provide the tools and knowledge of what climate change means globally and locally. Understanding the effects of climate change on ecosystems and becoming aware of what we can do to reduce our footprint. These are some of the goals of the project, oriented towards high-level athletes but also open to everyone.

For the transition to sustainability, knowledge is as important as a good attitude.

### Goal

- Create a sport community with more knowledge about the environment on which they flourish.
- Create a podcast, video interviews and live webinars.
- Raise awareness of the fragility of the natural environment and its ecosystems in offline events.
- Involve participants in the transition to a more sustainable sport activity.

[Visit our website](#)
[Listen podcast](#)


## European Week of Winter Sports

**The European Week of Winter Sport (EWWS) is a European Union co-funded initiative that celebrates the joy of winter sports while promoting its sustainability. The project aims to raise awareness about the environmental impact of winter sports and encourages responsible outdoor practices by bringing together sports organizations, universities and local authorities.**

EWWS focuses on promoting sustainable winter sports through research, education, and collaboration. We conducted in-depth studies on the environmental impact of winter sports, including their effects on climate change, biodiversity, and resource consumption. We identified challenges, best practices, and solutions to reduce their ecological footprint. The project supports sports associations and municipalities in organizing sustainable events and provides resources such as toolkits, video tutorials, and workshops. Additionally, an

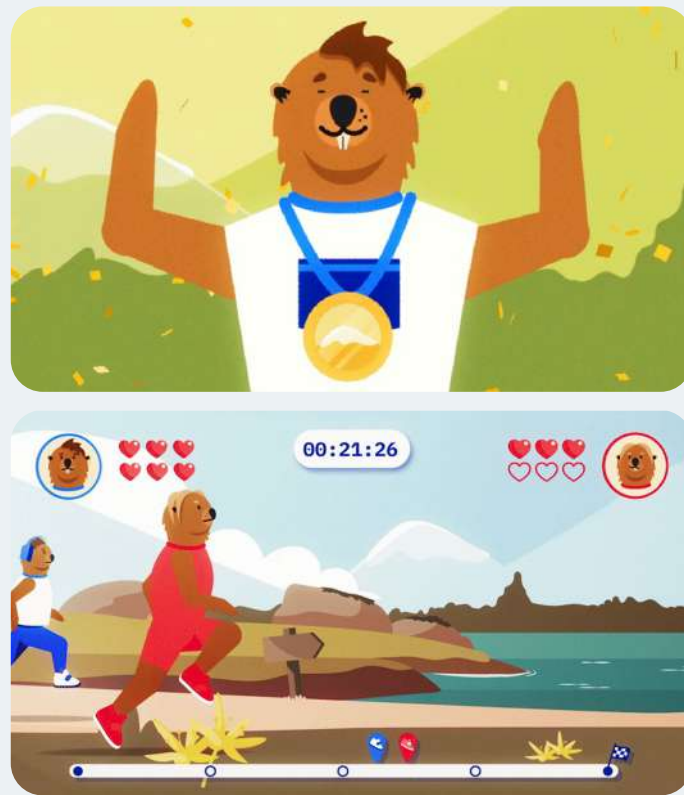
awareness campaign highlights key environmental issues, featuring an interactive platform with research findings and innovative sustainability solutions.

### Goal

- Promote sustainability in winter sports through education and practical solutions.
- Encourage participation by making winter sports accessible and inclusive.
- Foster collaboration between organizations to share knowledge and best practices.
- Raise awareness of climate change and environmental challenges.
- Evaluate Impact and measure progress towards sustainability in winter sports.

[Visit our website](#)



## Kids Athletes

*Learning to protect nature through trail running.*

**Kids Athletes was founded to provide training materials for trail running schools and to educate children and young athletes on the importance of trail running with minimal environmental impact. The initiative aims to showcase, in a positive and engaging manner, how runners' actions influence mountain ecosystems while promoting best practices to protect nature.**

The project consists of two main tools: a) Video: a 3 minute educational video designed for children aged 8 to 16, emphasizing positive actions that reduce the environmental impact of trail running. The video is shared at trail running clubs and on social media. b) Educational Material: A structured guide for trainers in trail running schools, providing

them with activities to facilitate discussions before and after watching the video. These materials help young athletes reflect on their impact, apply what they learn during training, and commit to sustainable practices.

### Goal

- Raise awareness among young athletes about reducing their ecological footprint in sports.
- Help children understand their natural environment.
- Inspire young runners to take active roles in environmental issues.
- Create a trail running schools' network to share best practices.

[Visit our website](#)



## Outdoor Friendly Pledge

*outdoor sports for the environment*

**Outdoor sports use the natural environment as their playground and training space. Every outdoor enthusiast loves nature in one way or another. However, we need to take a step further when it comes to the preservation of the environment and the sustainability of sport activity.**

The Outdoor friendly pledge was born with the aim of helping the practice of sport become more sustainable. The goal is to do this through a community where athletes, brands and federations can come together and speak up in order to commit to this cause and reach their environmental goals.

### Goals

- Promote a more sustainable sport activity.
- Reduce the carbon footprint caused by the practice of sport.
- Improve the management of natural resources and the preservation of biodiversity.
- Create a more environmentally sensitive sports community.
- Implement a sustainable commitment for athletes, federations and sports brands.

[Visit our website](#)





## Running Minds

**Running Minds is a community-based initiative that merges running with scientific exploration and environmental awareness. Through guided runs in both urban and mountain environments, participants engage in discussions on sustainability, biodiversity, and climate change, fostering a deeper connection with nature while embracing a healthier lifestyle.**

Running Minds transforms running into a tool for learning and creating awareness. Each run partners with scientists and environmental experts to discuss the impact of human activity on nature, climate change, and conservation efforts. Through dynamic discussions, the project connects runners with scientific research and local sustainability initiatives. By uniting sports and science, Running Minds encourages individuals to take meaningful action for the environment while promoting an active lifestyle.

### Goal

- Boost curiosity about sustainability through engaging discussions during runs.
- Promote a healthy lifestyle by connecting physical activity with environmental awareness.
- Bridge the gap between science and the public by incorporating research findings into community runs.
- Raise awareness about environmental issues affecting urban and natural landscapes.
- Create a global network of runners passionate about protecting the planet.

[Visit our website](#)



## Restore The Trails

**This project is a large-scale environmental initiative focused on the restoration of mountain trails and degraded natural areas. Through direct actions, partnerships, and volunteer efforts, the project aims to protect ecosystems, combat erosion, and promote sustainable outdoor activities.**

The project is built on three key approaches. First, the foundation carries out direct restoration efforts, including repairing trails, removing abandoned infrastructure, and properly marking routes to minimize environmental impact. Second, by collaborating with environmental associations and trail organizations, the initiative expands its reach and impact. Lastly, volunteer actions engage local communities and companies

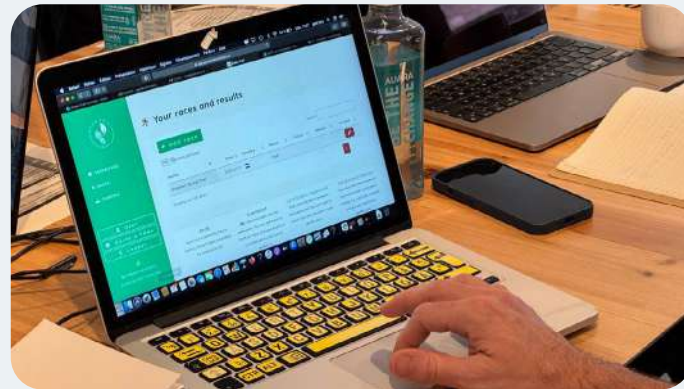
in hands-on restoration work, fostering a deeper connection with nature and encouraging long-term conservation efforts.

### Goal

- Protect natural habitats and biodiversity: Reduce human impact and preserve local wildlife.
- Prevent soil erosion and Water runoff: Maintain stable trails and safeguard surrounding ecosystems.
- Support sustainable outdoor activities: Ensure safe and accessible trails for responsible recreation.
- Preserve cultural and historical heritage: Maintain traditional routes with historical significance.
- Encourage community involvement and increase awareness: Inspire volunteers and organizations to engage in conservation.

[Visit our website](#)





## Green Trail Concept

**GreenTrailConcept is an ERASMUS+ funded project aiming to improve the governance of sporting events by incorporating environmentally, socially and ethically sustainable practices in the management of trail running events, while engaging event audiences in taking more sustainable actions and integrating the principles of inclusion and social justice in the organization and management of events.**

At the same time, raise awareness among sports organizations, participants and the public about the effects of climate change on natural areas and how to improve sustainability in sports practice.

### Goal

The project will develop and promote the use of a certification system to plan, analyze, monitor and evaluate the performan-

ce of organizations. The tool will not only assess the current situation, but provide guidance and advice to improve the overall sustainability of planned activities. In order to involve the public, a participation strategy will be drafted and a communication campaign dedicated to mountain racing fans, participants and their families will be carried out in order to increase awareness of the impact derived from their practices and to stimulate behavioral change through small individual actions. GreenTrailConcept will be governed through the three pillars of sustainability: environmental, social and economic, promoting activities in order to integrate the races in the landscapes where they are carried out, encouraging and rewarding inclusion, gender equality and creating synergies with local communities and economies.

The project brings together four partners: ADP events sportives AB, Ecoserveis, GRID-Arendal and the Kilian Jornet Foundation, that will work as a consortium during three years developing the project.



[Visit our website](#)



## Muntanyes vives

### *The impact of sports practice on the environment*

The number of people practicing sports activities in the natural environment has increased considerably. In many cases, the new practitioner and those already familiarized with the sport, have a lack of knowledge of the natural values of the environment where they develop the activity. Within this scenario, it is necessary to make the sports community aware of the risks and threats that an irresponsible practice mean to the natural environment.

During the first edition of [Muntanyes Vives](#), we created a website that displays different natural spaces with emblematic species from each one and details the problems they face. The aim of the Muntanyes Vives II project, is to create

awareness of the need to practice sport respectfully for the environment. The project has 4 clips where an environmental technician/specialist meets an athlete in their usual sports practice, reflecting the impact this practice could have on the natural environment. The four sports disciplines are mountain skiing, climbing, canyoning and trail running.

### Goal

The main objectives of this project, are to **share with the sports practitioners the natural values of the mountain areas; raise awareness** about the threats and impacts that are generated from outdoor sports; **establish behavioral guidelines** and recommendations to be taken into account for each sporting activity and **bring the sporting community closer to the conservation of natural values**. Follow this project to learn more about preserving the environment and enjoy it for many years.

[Visit our website](#)

Supported by:







## Preservation and management of the natural areas of Tossa Plana de Lles-Puigpedrós and Tossals d'Isòvol-Olopte

**This 3-year project, funded by a grant from the Generalitat de Catalunya, aims to apply adaptive management to two high mountain areas in Cerdanya and Alt Urgell. The goal is to balance human activities with the conservation of biodiversity and natural values, ensuring sustainable use and enhancing public awareness of these unique landscapes.**

The project manages two ecologically rich areas in the Pyrenees (Tossa Plana de Lles - Puigpedrós and Tossals d'Isòvol and Olopte) which face pressure from farming, tourism, and

sports. To address environmental impacts like overcrowding and habitat degradation, the project uses adaptive management focused on research, habitat protection, and public engagement to balance conservation and recreation.

### Goal

- Regulate public use to ensure it aligns with conservation goals.
- Enhance knowledge of key conservation targets, such as the white partridge.
- Implement management measures to reverse biodiversity loss.
- Raise awareness through communication campaigns and engage local communities and businesses in conservation efforts.

Finançat a càrrec dels Fons del Patrimoni Natural amb el suport de:



[Visit our website](#)

## Our year by the numbers

The KJF has developed different actions and programs with a high local impact.



### +26 schools

More than 24 educational centers have participated in the development of educational materials, with the participation of more than 2000 students.

### Alpine Connections

Alpine Connections followed Kilian Jornet across the Alps, highlighting the impact of climate change on glaciers, permafrost, and biodiversity. Through adventure and research, it connected human endurance with urgent environmental conservation.

### +20 Running Minds around the world

During the past 2024, we organized more than 20 Running Minds all around the world, including Aldasnes, Barcelona and New York, with a participation of more than 350 people. We developed an interactive map to see the different locations we visited and the different subjects we talked about.

### Restore The Trails

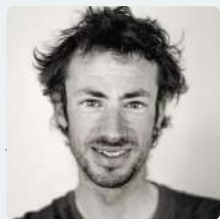
We completed 4 trail restorations in different locations, with the participation of 60 volunteers.

[Visit our Annual Report!](#)

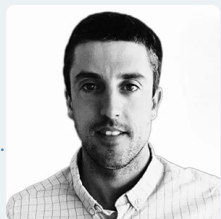


# Team & Partners

A dynamic multi disciplinary team with a strong commitment to nature, mountains, social justice and human rights. The Foundation has become the meeting point for a variety of nature and mountain lovers with a common goal, the preservation of mountain environments.



**Kilian Jornet**  
*President*



**Jordi Lorenzo**  
*Trustee*



**Nuria Burgada**  
*Trustee and Educational Project Coordinator*



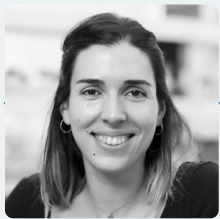
**Joan Solà**  
*Collaborator*



**Gerard Vila**  
*Director*



**Laura Viñals**  
*Project Manager and Communications Manager*



**Anna González**  
*Scientific Project Developer*



**Ivan Ruiz**  
*Communications Assistant*

## Our partners on the preservation of the mountains



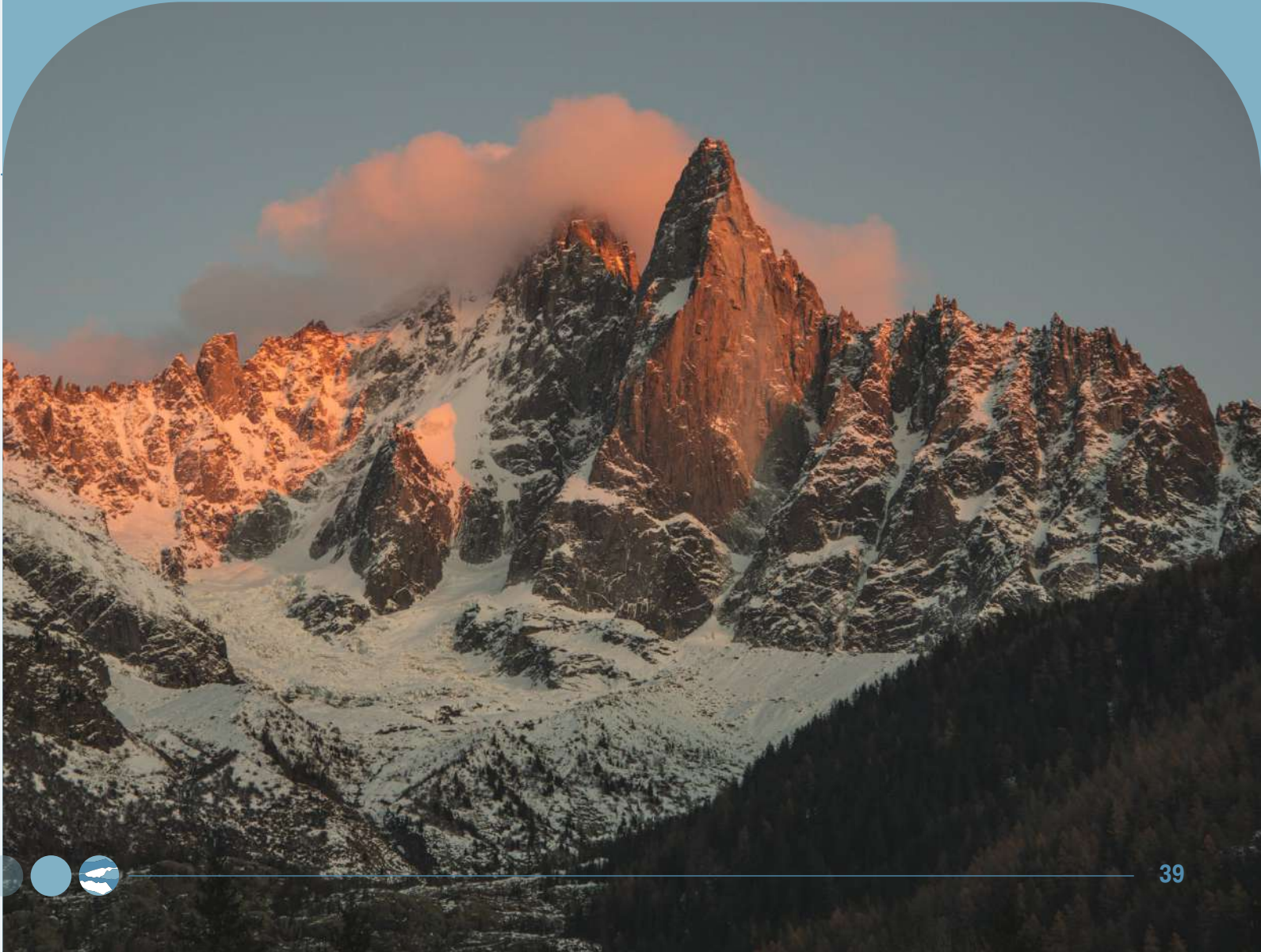
# Your turn!

Take your first action for the preservation of the mountains

Donate

Contact with us

Follow us on social media







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